

BAKED PLANTAINS WITH CINNAMON: Ingredients and Equipment

1. Read the words aloud and pay attention to your intonation (the rising and falling of your voice). The **red** colour is used to indicate where the main stress is. The **purple** colour is used to indicate where the secondary stress is.

- **Plantains** /'plantɪnz/
- **Vegetable oil** /'vedʒtəb(ə)l 'ɔɪl//
- **Cinnamon** /'sɪnəmən/
- **Salt** /'sɔ:lt/
- **Pyrex dish** /'praɪɛks 'dɪʃ/
- **Pastry brush** /'peɪstri 'brʌʃ/
- **Oven gloves** /'ʌv(ə)n 'glʌvs/
- **Chopping board** /'tʃɒpɪŋ 'bɔ:d/
- **Teaspoon** /'ti:spu:n/
- **Knife** /'naɪf/
- **Tablespoon** /'teɪb(ə)lspu:n/
- **Bowl** /'bəʊl/